

April 2, 2010

## **Guidance for Diagnosis Coding For Mental Health and Developmental Disorders in Infants and Toddlers**

The Alaska Medicaid program supports the use of the *Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood-Revised (DC: 0-3R)* as tool by health care providers to aid in their efforts to report the mental health and developmental disorder diagnoses for young children from birth through age five. The *DC: 0-3R* was developed by consensus of a multidisciplinary group of experts in early childhood development and mental health drawing on more than 15 years of empirical research and worldwide clinical practice.

Use of the *DC: 0-3R* will help both primary health care practitioners and mental health clinicians to more accurately report diagnoses for infants and toddlers experiencing mental health and/or developmental disorders. Although providers are not required to use the *DC: 0-3R*, the Alaska Medicaid program encourages providers to make use of this tool when diagnosing young children.

Providers are reminded that clinical records must support the given diagnosis through assessment processes and that claims to bill for services rendered require diagnosis codes using exclusively the *International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM)* code set. Because the *DC: 0-3R* codes do not align precisely with the *ICD-9-CM* codes, the table below is a "cross-walk" between these two coding systems. Also, in some cases, the *ICD-9-CM* codes listed below may require additional 4<sup>th</sup> or 5<sup>th</sup> digits to ensure code validity.

Please contact Shirley Pittz at 907-269-8923 with the Office of Children's Services Infant Learning Program with questions about the use of *DC: 0-3R*.

<b>DC: 03R – Diagnosis</b>		<b>ICD-9-CM Diagnosis</b>	
<b>Axis 1</b>			
100.	Posttraumatic Stress Disorder	308.3	Other acute reactions to stress
		309.81	Prolonged post-traumatic stress disorder
150.	Deprivation/Maltreatment Disorder	308.4	Mixed disorders as reaction to stress
		308.9	Unspecified acute reaction to stress
		313.89	Other or mixed emotional disturbances of childhood or adolescence, Other – (Reactive Attachment Disorder)
<b>200.</b>	<b>Disorders of Affect</b>	313.9	Unspecified emotional disturbance of childhood of adolescence
<b>210.</b>	<b>Prolonged Bereavement/Grief Reaction</b>	309.0	Brief depressive reaction
		309.1	Prolonged depressive reaction
<b>220.</b>	<b>Anxiety Disorders of Infancy and Early Childhood</b>	300.00	Anxiety state, unspecified
	221 Separation Anxiety Disorder	313.0	Overanxious disorder
	222 Specific Phobia	309.21	Separation Anxiety Disorder
		300.29	Other isolated or specific phobias
	223 Social Anxiety Disorder (Social Phobia)	300.23	Social Phobia
	224 Generalized Anxiety Disorder	300.02	Generalized Anxiety Disorder
	225 Anxiety Disorder NOS	300.0	Anxiety state, unspecified
<b>230.</b>	<b>Depression of Infancy and Early Childhood</b>	311	Depressive disorder, NOS
		300.4	Dysthymic disorder
		313.1	Misery and unhappiness Disorder
231.	Type I: Major Depression	296.2	Major Depressive Disorder, single episode
		296.3	Major depressive disorder, recurrent episode
		301.1	Prolonged depressive disorder
232.	Type: II: Depressive Disorder NOS	311	Depressive disorder, NOS
<b>240.</b>	<b>Mixed Disorder of Emotional Expressiveness</b>	313.8	Other or mixed emotional disturbances of childhood or Adolescence
		313.9	Unspecified emotional disturbance of childhood or adolescence



<b>300. Adjustment Disorder</b>	309. Adjustment Reaction
	309.0 Adj. Dis. w/depressed mood
	309.2 w/predominant disturbance of other emotions (range from 309.21-309.29)
	309.3 Adjustment disorder w/disturbance of conduct
	309.4 Adjustment disorder w/mixed disturbance of emotions and conduct
	309.8 Other specified adjustment reactions (range from 309.81- 309.89)
	309.9 Unspecified adjustment reaction
<b>400. Regulation Disorders of Sensory</b>	
410. Hypersensitive	313.9 Unspecified emotional disturbance of childhood
411. Type A: Fearful/Cautious	313.22 Sensitivity/shyness disorder of childhood
	313.22 Introverted disorder of childhood
412. Type B: Negative Defiant	313.81 Oppositional defiant disorder
	313.9 Unspecified emotional disturbance of childhood or adolescence
420. Hyposensitive/Underresponsive	313.2 Sensitivity, shyness, and social withdrawal disorder
	313.9 Unspecified emotional disturbance of childhood
430. Sensory Stimulation-Seeking/	314 Hyperkinetic syndrome of Impulsive Childhood (range of diagnosis from 314.0– 314.9)
	313.9 Unspecified emotional disturbance of childhood
<b>500. Sleep Behavior Disorder</b>	307.40 Non-organic sleep disorder, unspecified
	307.47 Other dysfunctions of sleep stages or arousal from sleep
	307.49 Other
<b>510. Sleep-Onset Disorder (Protodyssomnia)</b>	307.41 Transient disorder of initiating or maintaining sleep
	307.42 Persistent disorder of initiating or maintaining sleep



<b>520. Night-Waking Disorder (Protodyssomnia)</b>	307.41 Transient disorder of initiating or maintaining sleep 307.42 Persistent disorder of initiating or maintaining sleep 307.46 Sleep arousal disorder 307.47 Other dysfunction of sleep stages or arousal from sleep
<b>600. Feeding Behavior Disorder</b>	307.5 Other and unspecified disorders of eating 307.49 Eating disorder, unspecified 307.59 Other (Feeding disorder of infancy or early childhood of non-organic origin)
601. Feeding Disorder of State Regulation 602. Feeding Disorder of Caregiver-Infant Reciprocity 603. Infantile Anorexia 604. Sensory Food Aversions 605. Feeding Disorder Associated w/Concurrent Medical Condition 606. Feeding Disorder Associated w/Insults to Gastro-Intestinal Tract	
<b>700. Disorder of Relating and Communicating</b>	299 Pervasive developmental disorders (range from 299.0 – 299.9) 315.9 Developmental disorder NOS
<b>710. Multisystem Developmental Disorder (MSDD)</b>	299 Pervasive developmental disorders (range from 299.0 – 299.9) 315.9 Developmental disorder NOS
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>The use of V-codes are subject to additional medical necessity reviews.</p> </div>	<b>V61.20 Parent-Child Relational Problem</b> <b>V61.21 Child Neglect/Physical/Sexual Abuse</b> <b>V61.8 Sibling Relational Problem</b> <b>V61.9 Relational Problem Related to a Mental Disorder or General Medical Condition</b> <b>V62.82 Bereavement</b> <b>V71.02 Child or Adolescent Antisocial Behavior</b>

The Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood: Revised Edition (DC:0-3R) may be ordered from: Zero to Three, 2000 M St., NW, Ste. 200, Washington, DC 20036-3307. [www.zerotothree.org/estore](http://www.zerotothree.org/estore)